

# Medi-Cal Choices

## For People with Disabilities and Seniors In Fresno County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in Fresno County and are a person with a disability or a senior,  
you can choose to be in Regular Medi-Cal,  
Anthem Blue Cross, or Health Net.

Anthem Blue Cross and Health Net  
are Medi-Cal Health Plans.

If you join one of these plans, you still have Medi-Cal.

To learn about the Plans in your county, call

**Anthem Blue Cross: 1-800-227-3238**  
**Health Net: 1-800-675-6110**

For more information, call

**Health Care Options: 1-800-430-4263**  
**Regular Medi-Cal:** There is no phone number to call.

Please look inside for more useful phone numbers.



# Your Medi-Cal Choices in Fresno County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Anthem Blue Cross or Health Net, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll over the phone.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
	Anthem Blue Cross 1-800-227-3238 www.anthem.com/ca	Health Net 1-800-675-6110 www.healthnet.com		
<b>Basic Services</b>				
Basic Medi-Cal Benefits	Same	Same	Same	p. 6
24-Hour Advice Nurse	No	Yes	No	p. 12
Customer Service Phone Hours	Mon–Fri 7 am–5 pm	7 days a week 24 hours	None	p. 33
Interpreter Services	Yes	Yes	Call your doctor or clinic.	p. 28
To Get a List of Preferred Drugs	1-800-700-2541	1-800-675-6110	Ask your doctor or pharmacist.	p. 14
<b>Costs to You</b>				
Cost for Doctor Visits	\$0	\$0	\$0	p. 8
Cost for Drugs	\$0	\$0	\$0–\$1	p. 8

**Hospitals you can go to for medical care are listed below.**

You will usually go to the hospitals that your doctor works with.  
For hospitals where you can go for mental health care, call 1-559-453-4894.

Anthem Blue Cross	Health Net	Regular Medi-Cal
<ul style="list-style-type: none"><li>• Central Valley General Hospital</li><li>• Clovis Community Medical Center</li><li>• Coalinga Regional Medical Center</li><li>• Community Regional Medical Center</li><li>• Dos Palos Memorial Hospital</li><li>• Hanford Community Medical Center</li><li>• Kingsburg Medical Center</li><li>• Saint Agnes Medical Center</li><li>• Sierra Kings District Hospital</li></ul>	<ul style="list-style-type: none"><li>• Central Valley General Hospital</li><li>• Children's Hospital Central California Center–Fresno and Merced</li><li>• Clovis Community Medical</li><li>• Coalinga Regional Medical Center</li><li>• Fresno Community Hospital</li><li>• Fresno Surgical Hospital</li><li>• Hanford Community Medical Center</li><li>• Kaweah Delta District Hospital</li><li>• Kingsburg Medical Center</li><li>• Selma Community Hospital</li><li>• Sierra Kings District Hospital</li><li>• University Medical Center</li></ul>	<ul style="list-style-type: none"><li>• Clovis Community Medical Center</li><li>• Coalinga Regional Medical Center</li><li>• Community Regional Medical Center</li><li>• Fresno Surgical Hospital</li><li>• Fresno Heart and Surgical Hospital</li><li>• Kingsburg Medical Center</li><li>• Sierra Kings District Hospital</li><li>• Saint Agnes Medical Center</li></ul>

### Useful Phone Numbers

**Denti-Cal**

1-800-322-6384

For information about dental care that is covered by Medi-Cal for people under age 21

**Fresno County Department of Adult Services**

1-559-255-3383

For information and referrals to many services for people with disabilities and seniors

**Fresno County Department of Behavioral Health**

1-559-453-4894

For information about mental health services

**Substance Abuse Treatment Services**

1-559-453-4773

For help with alcohol and drug problems